Academy for Lifelong Learning

SPRING TERM 2002
Courses & Special Events

University of Hawai‘i at Mānoa
Colleges of Arts & Sciences
For more information about programs, opportunities and membership benefits in the Academy for Lifelong Learning, call 956-8224, or visit our website at:

http://www.all.hawaii.edu/

Volunteers are always welcome! Visit the new Academy for Lifelong Learning offices in Krauss Hall later this Spring on the University of Hawai‘i at Manoa campus.

During the current renovation phase, our temporary office and mailing address is:

The Academy for Lifelong Learning, UH-Manoa, 2430 Campus Road Gartley 216 Honolulu, HI 96822

The University of Hawai‘i at Manoa is an Equal Opportunity/Affirmative Action Institution.

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Five Years of Lifelong Learning

When we opened our doors for the first time in March 1997, we were a bit nervous -- but completely optimistic -- that there would be sufficient interest to sustain this new lifelong learning program at the University of Hawai‘i. Now, five years and more than 200 courses later, we know that there's not only an interest, but also strong support for this multidisciplinary educational venture.

As we celebrate our fifth year of operation, we want to thank all our members for creating a community of learners and making the Academy for Lifelong Learning a success. There's much potential for growth with this program and we look forward to building our membership and course offerings to meet the needs of lifelong learners. We also eagerly anticipate moving into our new classroom and office space in Krauss Hall 111. We'll keep you posted on plans for an open house.

In the meantime, if you're new to ALL and want to join, check out our courses and special events listed in this brochure and complete the pull-out form in the center section. Return by mail to: ALL, 2430 Campus Road, Gartley 216, UH Manoa, Honolulu, HI 96822. We hope to see you soon. Join us for Spring Term 2002!
Campus map of ALL classrooms

Campus Center ........ See building #20 on map below (Elevator avail.)
Gartley Hall 216........ Building #39 (Temporary ALL Office)
Hemenway Hall .... Building #61 (Elevator available)
Krauss Hall ........ Building #75 (new ALL office; late Spring 2002)
Kuykendall Hall .... Building #78
George Hall......... Building #41
Visitor parking lots .... Adjacent to Buildings 104, 71, 117 ($3 entry fee) SPRING 2002

UPON REQUEST, WE’LL SEND A LARGE CAMPUS MAP (Call 956-8224)

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The Academy needs your help! Please consider an additional tax-deductible donation to ALL.

Mrs./Mr./ Miss/Ms./ Dr./ Mr. & Mrs./ Drs. (circle one)
• NAME: ________________________________________
  (as it should appear in our records)
• ADDRESS: ________________________________________
  ________________________________________
  _______________ ZIP ______________________
• TELEPHONE: ________________________________________

Enclosed is my personal gift of $________ to:
THE ACADEMY FOR LIFELONG LEARNING.

___ I would like to discuss a gift or bequest with a development representative for the Academy for Lifelong Learning.

___ Check here if you do not wish for your name to appear in donor listings that the Colleges of Arts and Sciences may publish in appreciation for your support.

Make check to: UH Foundation #123-079-04
Contributions are tax deductible to the extent provided by law. Thanks for your support! Mail to: Academy for Lifelong Learning, UH Manoa, 2430 Campus Rd., Gartley 216, Honolulu, Hawaii 96822.

* Terrorism: History, Issues, Consequences
  Dates: Wednesdays, Feb. 6, 13, 20, 27, Mar. 6, 13, 20
  Time: 2:30 pm - 5:15 pm (with one 10-minute break)
  Location: To be announced. (*Enrollment is limited)

Schedule of Seminars:

Feb. 6: History of Middle East & Central Asia
  Elton Daniel, Ph.D., History, UHM
  Dru Gladney, Ph.D., Asian Studies, UHM

Feb. 13: Islam: Philosophy of Life & Religion
  Tamara Albertini, Ph.D., Religion, UHM

Feb. 20: American Foreign Policy & the Mideast
  Ibrahim Aoude, Ph.D., Ethnic Studies, UHM
  Farideh Farhi, Ph.D., Political Science, UHM

Feb. 27: Response: Military & Counterintelligence
  Albert Adams, J.D., UN, US State Dept.
  Additional speaker to be announced.

Mar. 6: Response: Humanitarian
  Peter Bradford, M.A. Ctr. of Excellence
  Patricia Hastings, LTC, Ctr. of Excellence

  Speakers from ACLU and Security Center

Mar. 20: Terrorism: Bio-Chemical - Nuclear
  William Gosnel, Ph.D., Tropical Med., UHM
  Additional speaker to be announced.

*Please note: This series of presentations on the origins, dynamics, and consequences of terrorism is part of three UHM courses: Psych 774, Psych 406, and PACE 485. Series co-sponsors are the Disaster Management and Humanitarian Assistance Prog; Matsunaga Inst. of Peace; and Psychology Dept. Serious participants only, please.
Child Bilingualism
Instructor: Agnes Niyekawa, PhD, Psychology
Dates: Wednesdays, April 3, 10, 17, 24, May 1
Time: 10 a.m. - Noon
Location: To be announced.
Description: If you want to bring up your child or grandchild bilingually, how should you go about it? How do you maintain the child's bilingualism? Children can acquire a language without effort in a natural context, but they also forget it as easily as they acquired it if it is not in constant use. Considering the complexity of grammar in any language, it is obviously advantageous to learn another language during childhood, preferably before the age of eight. The maintenance of bilingualism, however, poses a number of problems. Besides methods, pros and cons in learning and maintaining a second language in children will be discussed. The second meeting will be devoted to viewing the film The Wild Child (based on the true story of The Wild Boy of Aveyron), and the fourth meeting will be a panel discussion by guests who are themselves bilingual and/or parents of bilingual children.

Leadership & Followership: John Adams to Lee Kuan Yew
Instructor: Vernon Char, Attorney at Law
Dates: Fridays, April 19, 26, May 3, 10
Time: 10:00 a.m. to noon
Location: To be announced.
Description: This discussion series is a continuation of the Manoa Forum series. At a time of crisis, we seek leadership -- the right combination of confidence, compassion and conviction that the right person is in charge. What is "leadership," a (please continue on bottom of page 5.)

Touring the Academy of Arts: Four Field Trips
Instructor: Myra Kent, Academy Docent
Dates: Tuesdays (April 9, 16, 23, 30)
Time: 1:00 p.m. - 2:00 p.m.
Tour group limit: 12
Location: Meet at the main entrance to the Academy of Arts ten minutes prior to the 1 p.m. tour. (If you need a ride, please let us know at the time that you register. For carpooling and ride-sharing, meet at Sinclair Circle off University Avenue at 12:30 sharp.)
Description: These four one-hour tours will each focus on a specific gallery. Each tour will be led by a docent specializing in the art on view, providing an historical context and stories about artists and images. Tour the latest art exhibits and become more familiar with Honolulu's treasured Academy.

Ride To The Bottom of The Sea
Instructor: Patricia Fryer, PhD, Hawaii Institute of Geophysics and Planetology, School of Ocean and Earth Science & Technology, UHM
Dates: Thursday, May 2
Time: 10 am - Noon
Location: Kuykendall 206 (Seating limited to 25)
Description: This multimedia presentation will offer a detailed look at Dr. Fryer's undersea research with submersibles (such as ALVIN) and remote sensing systems in the area of the Mariana Trench, a chain of active volcanoes in the Pacific Ocean, and the lowest region on the Earth's surface. The trench is 1,500 miles long and situated 250 miles SW of Guam. Join us for a "voyage" to the bottom of the sea floor and discover the hydrothermal vents and active plate tectonics of the Trench. See its deepest gorge -- Challenger Deep -- extending 36,210 ft below sea level and peer at the odd creatures living at depth. (Bring a sweater -- it might get nippy down there.)
Special Events for Members

• Hawaiian Landslides: Large and Small
  **Instructor:** Greg Moore, Ph.D., UHM Geology and Geophysics, SOEST
  **Dates:** Wednesday, April 24
  **Time:** 10:00 a.m. - 11:30 a.m
  **Location:** Kuykendall 207 (seating limited to 25)
  **Description:** There is evidence that the flanks of most, if not all, Hawaiian volcanoes have suffered huge landslides that have transported enormous amounts of material onto the deep sea floor. The south flank of Kilauea Volcano is an active slump, with material moving down and away from the island at rates of several centimeters per year. The east flank of Ko'olau Volcano on O'ahu collapsed catastrophically, sending huge blocks hundreds of kilometers away from the island. In addition to these major landslides, smaller slides occur frequently on all islands. The Mother's Day event in Sacred Falls is a recent example. We will discuss how such landslides might affect our lives.

• Test Drive an Electric & Hybrid Vehicle
  **Instructor:** Bor Yann Liaw, Ph.D., UHM, Hawaii Natural Energy Institute
  **Dates:** Friday, May 3
  **Time:** Afternoon session time will be announced.
  **Location:** Meet at EV Test Facility, 531 Cooke St. (Tour group limited to 15.)
  **Description:** Examine and test drive the next generation of vehicles at Hawaii's Electric Vehicle Test Facility. Dr. Liaw will discuss the status of EV and hybrid vehicle development and explain UHM's research into advanced power source systems including ultracapacitors and fuel cells.

• Sacred Places
  **Instructor:** Les Sponsel, PhD, Anthropology, UHM
  **Dates:** Tuesdays, Feb. 12 through May 7 (except 3/26)
  **Time:** 4:30 - 6:00 p.m.
  **Location:** George Hall 215
  **Description:** Among the world's most famous sacred mountains are Shasta in California, Kilimanjaro in Tanzania, Sinai in Egypt, Kailas in Tibet, Fuji in Japan, Ayers Rock in Australia, and Kilauea in Hawai'i. From whole mountains to individual trees and much else in between, sacred places in nature are ubiquitous.

  Sacred places are sites recognized as possessing some kind of extraordinary attributes that may provoke religious, spiritual, or mystical experiences. Many places have been recognized as such for centuries, including through a succession of cultures and/or religions, while others are recent, being revitalized, newly created, or only temporarily sanctified.

  (Please continue on bottom of page 4.)

• Saturday Afternoons at the Movies
  **Instructor:** Samuel Chang
  **Dates:** Thurs., Feb. 14, 21, 28, Mar. 7, 14, 21, and Apr. 4 (Note: No class on March 28)
  **Time:** 10 am to Noon
  **Location:** To be announced
  **Description:** The era from the 30s to the 50s was the heyday of motion picture serials. Come and relive the days of your youth at the weekend cinema as we revisit the world of cliffhangers in seven episodes:
  - Chapter 1 - Oldies and Goodies
  - Chapter 2 - Cops and Robbers
  - Chapter 3 - In Which We Serve
  - Chapter 4 - Horsehockey and Gunsmoke
  - Chapter 5 - It's a Jungle Out There
  - Chapter 6 - Superheroes and Supervillains
  - Chapter 7 - Science or Fiction?

  Tickets, please.....
Yoga for Beginners
Instructor: Grace Lee, M.A.
Dates: To be announced
Time: To be announced
Location: To be announced.
Description: Yoga is a dynamic way of enhancing self-awareness and inner peace by learning to be centered in action. Tuning in to the body and breath, students will develop strength, balance, and flexibility through a variety of vigorous and relaxing poses. Poses will be modified as needed to meet the different physical conditions of students. A consistent yoga practice has numerous benefits. Physical gains range from decreased pain to enhanced athletic ability. Other advantages can include reduced stress, increased energy and mood, and a calm enthusiasm for life. This course is designed to introduce students to beginning yoga poses. If you already have some experience with yoga, you may find this course too basic for you. We will be working barefoot and you would be most comfortable in shorts and a T-shirt or tights and a leotard. Please do not eat 2 hours before class, avoid wearing perfume or body lotion, and bring a large towel to class. The first class may run about 15 minutes longer than usual. Medical release forms will be distributed at the first class session.

Sacred Places (cont. from page 3)
Some sites such as Kilauea are recognized as sacred by people from a wide diversity of backgrounds, suggesting the possibility that their sacredness may be inherent, rather than merely imagined or imposed by the belief of a single culture or religion. This seminar explores sacred places in nature as an expression of spiritual ecology, mainly through viewing and discussing videos, lectures, and guest speakers.

A Writing Circle
Facilitator: Yi-chuan Ching, M.D.
Dates: Group meets on alternate Wednesdays
Time: 9 am - 11 am
Location: Kahala Mall Barnes & Noble Bookstore
Description: Those with a yen to write are invited to participate in this circle. We will take turns informally reading our own work to the members of the circle for reaction and comment. All will have a chance to submit their work on a regular basis. The circle is limited to 6. Previous participants during Fall Term will be given preference. Contact Dr. Yi-chuan Ching at yching@pol.net for more information.

Writing Poetry, Reading Poetry
Instructor: Tia Ballantine, UHM English lecturer
Dates: Tuesdays, Feb. 12 - May 7 (Note: No class meeting on March 26, Spring Break at UHM.)
Time: 10:00—11:45 a.m.
Location: To be announced.
Description: This class will allow you to find your voice as a poet. We will write poems using different forms and share our work with one another in a friendly, open environment of creative exchange. You need no experience writing poetry to take this class. This is an opportunity for you to both read published work and to listen to the voices of others who are writing along with you. REQUIRED TEXT: Dacey, Philip, and David Jauss, eds. Strong Measures: Contemporary American Poetry in Traditional Form.
Shakespeare, His Times and World
Instructor: Dave Johnson, Attorney-at-law,
Paul Johnson Park & Niles, Honolulu
Dates: Mondays, Feb. 11, 25, Mar. 4, 11, 18, Apr. 1, 8 and 15. (Note: No classes will be held Feb. 18, Presidents' Day, or Mar. 25, UHM Spring Break)
Time: 2:00 p.m. - 4:00 p.m.
Location: To be announced.
Description: Enjoy Shakespeare, the world's finest playwright and poet. Eight sessions include an overview of Shakespeare's world; Taming of the Shrew; Measure for Measure; Henry IV, Part 2; Much Ado About Nothing; Hamlet. This fascinating mix of plays will show different approaches and aspects of Shakespeare's art.

Glimpse into the Future of Telecommunications
Instructor: Dan Wedemeyer, PhD, Professor of Communication; UHM School of Communications
Dates: Wednesdays, Feb. 13 and Feb. 20
Times: 2:30 p.m. - 4:30 p.m.
Location: Kuykendall 206
Description: These lively sessions will explore the status, trends, and issues affecting telecommunications development in the Pacific. We'll provide a glimpse into the future of telecommunications and offer background on long-haul fiber-optic cable systems, satellite networks, and telecommunications forecasting.

Tai Chi for Beginners
Instructor: Dieter Runge, Instructor of Tai Chi; Lecturer, UHM Psychology
Dates: Tuesdays & Thursdays, Feb. 12 - May 9 (24 sessions; no classes will be held during Spring Break, March 28 -30.)
Times: 9 a.m. - 10 a.m.
Location: To be announced.
Description: Every morning tens of millions of people practice Tai Chi in China and it is becoming more popular worldwide. This healing and martial art is based on the complementary principles of Yin and Yang and the concept of Chi as the life-force energy. This class will concentrate on health benefits like balance, relaxation, and finding one's center. Martial aspects of the art will be discussed to better understand the principles and movements, but emphasis in this class is on health aspects of practicing Tai Chi. Wear comfortable clothes with thin-soled shoes or go barefoot. For 20 years, Dieter Runge has been studying Tai Chi, Chi Kung, and Tai Chi. Since 1991 his teachers have been masters Zeng Chen and Alex Dong of Honolulu. He also conducts research on Tai Chi.

Leadership & Followership (cont. from page 2)
meaningless word: overused, vague, trivialized?
Each of us needs to think deeply about defining "leadership"; and then we need to act upon it by being a leader or a good follower. We will examine the leadership of John Adams, Lee Kuan Yew, Gandhi and Colin Powell, and the reciprocal relationship that leaders have with followers and the motivation for shared goals and trust. We will explore a new culture and new models of Leadership and Followership.
Financial Planning: Unlearn What You Know
Instructor: Ron Kent
Dates: Friday, Feb. 22 (one three-hour session)
Time: 9:30 am - 1:30 pm
Location: To be announced
Description: Unlearn much of what you "know" about personal finance. This will be a non-technical discussion that will carry its own authoritative voice in a decidedly iconoclastic discussion. We will consider financial options for ordinary people. We'll define the difference between investing and speculating and apply this new-found understanding to familiar but broadly misunderstood areas including stocks, bonds, mutual funds, real estate, and annuities. This is a seminar for people who are neither interested in playing the stock market nor interested in learning exotic ploys. Please do not enroll if you will be offended by the debunking of cherished beliefs.

Models of Reconciliation
Instructor: Alice Scheuer, UHM Psychology Dept., World Health Organization researcher
Dates: Weds (Feb. 6, 13, 20, 27, Mar. 6, 13, 20, 27)
Time: 10:00 am - 11:45 am
Location: To be announced
Description: Current world and local conditions, ranging from ethnic and religious warfare to domestic abuse and violence, evidence a great need to study and practice methods of reconciliation. In this course we shall look at some major models for reconciliation to be found in the Bible and derived liturgy, the works of Shakespeare, cultural practices including ho'oponopono, and modern psychotherapy.

Donald's Excellent Adventures: Russia
Instructor: Dr. Donald Matsumori
Dates: Mondays (April 15, 22, 29)
Time: 9:30 am - 11:20 am
Location: Kuykendall 206
Description: On this multimedia visit to Russia, we will see Moscow, Vladimir, Suzdal, Novgorod, Pskov, and St. Petersburg, and other places of note in between.

In Moscow we will see historic buildings and sites including Moscow University and the Novodevichy Convent and cemetery where many famous Russians are buried. We will also go to Red Square and the Kremlin and visit the Armory Museum where we will see the royal regalia and insignias of power of the tsars. For those of you interested in music and literature, we will stop in the town of Klin, the birthplace of P. Tchaikovsky and pay our respects at his residence. We will also see Staraya Russa, birthplace of F. Dostoyevsky. Near Pskov, we will stop at Mikhailovskoye Village, place of exile of A. Pushkin and tour his country estate.

In St. Petersburg we will see the grand Hermitage Museum, the Peter and Paul Fortress, and churches including St. Isaac's Cathedral and the Lady of Kazan Cathedral. We will revel at the gardens and fountains at Petrodvorets, the summer palace of Peter the Great, copied after the palace at Versailles. After our Russian adventure, you will have a greater appreciation and understanding of this huge and complex country with its long history and rich cultural heritage.
ALL Membership Form Spring 2002

Please print clearly.

Name: _______________________
Address: _______________________
Zip: __________ Phone: __________
email: _______________________
Emergency Contact: _______________________
Phone: _______________________

1. Complete information above and select a membership category below:

☐ I am a current ALL Annual member.

☐ I wish to be enrolled as an Annual Member: $115 for one year (Spring and Fall terms.)

☐ I wish to be enrolled as a Session Member: $60 for Spring Term '02.

Please make membership check payable to: University of Hawaii Foundation Project #123-079-04

2. On pages 8 and 9, select three courses in which you wish to participate in Spring. If seats are available, you may join additional courses.

3. Return membership check & course selection to: Academy for Lifelong Learning University of Hawaii at Manoa 2430 Campus Road, Gartley Hall 216 Honolulu, HI 96822

ALL Membership Information

Annual and Session members may enroll in courses, participate in special events, and join community service projects. There are no membership requirements of prior educational experience. Categories of membership for participating in courses are:

Session Member, $60. Entitles an individual to join up to three courses during the Spring term and attend free special member events.

Annual Member, $115. Entitles an individual to enroll and attend up to three courses during the Spring term; course enrollment for the Fall term; receive the ALL newsletter; attend special events; receive selected University Library privileges; and access other activities.

Please note: Membership fees (both annual and session) are nonrefundable. Annual membership is for a period of 12 months. If you have any questions, please call our office at 956-8224. Please send us your membership application, check, and selected courses to the ALL address listed at the bottom of page 10.

Make membership check payable to: UH Foundation Project #123-079-04. Additional tax deductible contributions to ALL are always welcome. Thank you for your support of lifelong learning in Hawaii!
SPRING 2002 PARTICIPATION FORM

Mark below all the courses that you wish to join. Membership in ALL at the Annual or Spring Session level entitles you to select three courses; however, if seats are available, you may join additional courses. Special events and field trips are offered in addition to courses and are open to all members.

__ Terrorism: History, Issues, Consequences__
Wednesdays (Feb. 6 - March 20) 2:30 - 5:15 pm; Location to be announced (Seating limited.).

__ Child Bilingualism__
Wednesdays (April 3, 10, 17, 24)
10 am to noon; Location to be announced

__ Leadership and Followership__
Fridays (April 19, 26, May 3, 10, 17)
10 am - Noon; Location to be announced.

__ Sacred Places__
Tuesdays (Feb. 12 - May 7 (except March 26))
4:30 pm - 6 pm; George 215

__ Saturday Afternoons at the Movies__
Thursdays, (Feb. 14, 21, 28, Mar. 7, 14, 21, Apr. 4)
10 am - Noon; Location to be announced

__ Yoga for Beginners__
Time, dates, and place to be announced.

__ Tai Chi for Beginners__
Tuesdays and Wednesdays; Feb. 12 - May 9)
9 am - 10 am; Location to be announced

__ Financial Planning: Unlearn What You Know__
Friday, February 22, 9:30 am - 1:30 pm;
Location to be announced

__ Models of Reconciliation__
Wednesdays (Feb. 6, 13, 20, 27, 6, 13, 20, 27)
10 am to noon; Location to be announced

__ Donald's Excellent Adventures in Russia__
Mondays (April 15, 22, 29) 10 am - noon
Kuykendall 206 (Seating is limited to 25.)

__ Shakespeare, His Times and World__
Mondays (Feb. 11, 25, Mar. 4, 11, 18, Apr. 1, 8, 15) 2 pm - 4 pm; Location to be announced

__ Glimpse Into Future of Telecommunications__
Wednesdays (February 13 and 20)
2:30 pm - 4:30 pm; Kuykendall 206

__ Writer's Circle (Limited to 6 writers)__
Wednesdays, Kahala Barnes & Noble;
Feb. 13 - May 15; 9 am to 11 am

__ Writing Poetry, Reading Poetry__
Tuesdays (Feb. 12 - May 14)
10 am - 11:45 am; Location to be announced

SPECIAL EVENTS & FIELD TRIPS FOR MEMBERS
Space for these events and field trips is limited. Registration is advised.

__ Test Drive an Electric or Hybrid Vehicle__
Friday, May 3; Afternoon session time TBA.
EV Test Facility, 531 Cooke Street, Honolulu
(Tour group limited to 15.)

__ Hawaiian Landslides: Large and Small__
Wednesday, April 24; 10 am - 11:30 am
Kuykendall 207 (Seating limited to 25.)

__ Ride To the Bottom of the Sea__
Thursday, May 2; 10 am - noon
Kuykendall 206 (Seating is limited to 25)

__ Touring The Academy of Arts__
Tuesdays, (April 9, 16, 23, 30); 1 pm - 2 pm
Meet at museum's main entrance. (Limit: 12)