Free shuttles at your service

Parking at UHM can be tricky, especially when driving in to attend morning classes. Three options:

• **Free Park & Ride Shuttles for the Public:**
  -- **JCC Express** shuttle service begins at 7:15 am weekdays. This free shuttle runs on a continuous 20-minute cycle stopping at the Varsity Building on University Avenue (next to Varsity Theatre parking lot); Japanese Cultural Center (adjacent to JCC's indoor parking garage); Pucks Alley; Varsity Gate; Lower Campus; **Law School** (this stop is just across from our classrooms in **Krauss Hall**); St. John Hall; Varney Circle; and returning to the Varsity Building shuttle stop on University Avenue. The last JCC Express shuttle leaves Varney Circle at 4 pm weekdays.
  -- **The Faculty Housing shuttle route** leaves from Varney Circle and goes into Manoa Valley every 20 minutes with a marked stop at the **Institute for Astronomy (IfA)** at 2680 Woodlawn Drive (see the lecture event at IfA, Oct. 27 from 2 pm to 4 pm, listed on page 14). The last Faculty Housing shuttle departs from IfA at 6:15 pm and ends its route at Varney Circle on campus.

• **Handicapped Parking Permits:** If you possess a valid **City & County Disability Placard**, you may purchase a visitor parking ticket at any campus entry gate and park in any marked parking stall on campus. Both visitor ticket and placard must be displayed on the dashboard.

• **Campus Express Shuttle:** Free shuttle service for the public offers a quick route across campus. **Campus Express** begins at the Law School on Dole Street across from our classrooms. The continuous campus express route takes 15 minutes and makes designated stops at Burns Hall; Jefferson Hall; St. John Hall; Varney Circle Fountain; Maile Way; Law School Parking Lot near the Music Building, then returns to the Law School. The last express shuttle leaves Varney Circle at 5 pm weekdays.

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**Explore New Worlds of Study**

The **Osher Institute (OI)**, part of the Colleges of Arts and Sciences at the University of Hawai‘i at Manoa, provides a curriculum of stimulating learning opportunities and special activities for older persons. Established in 1997 by a group of retired professors and community elders, OI's mission is to promote opportunities for lifelong learning, personal growth, and community service. Renamed in Spring 2003 in recognition of the generosity of philanthropist Bernard Osher of San Francisco, grant funds are being used to expand, adapt and offer OI courses such as *The Illuminated Life* to homebound and well elders in senior residences and other off-campus sites. If you'd like to participate, please review the courses described in this brochure, complete the pull-out form in the center section, and mail to the address listed below. Join us at OI for the Fall 2003 term!

**HOW TO REACH US** -- For more information about programs, opportunities and membership benefits in Osher Institute, see pages 9 - 11, or call OI Director Rebecca Goodman at 956-8224. Visit our UHM offices in Krauss 113, or check our website at: [http://www.all.hawaii.edu/](http://www.all.hawaii.edu/)

**• MAILING ADDRESS •**

**OSHER INSTITUTE**
PMB #460
2440 CAMPUS ROAD
Honolulu, HI 96822
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FALL 2003

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Visitor Parking is available for $3.00 Monday - Friday and on Saturdays in the Parking Structure across Dole Street from our classrooms in Krauss Hall. Enter on Lower Campus Road off Dole Street. Three other visitor parking lots are behind Kennedy Theatre on East-West Road, behind Sinclair Library just off University Ave., and adjacent to the Kamakakuokalani Building off Dole Street near the Hawaiian Studies Center. After 4:00 p.m. on weekdays, visitors may park anywhere on campus (with the exception of handicap and reserved stalls). Free campus shuttle bus service also serves the Dole Street area on 20-minute intervals. See page 18 for alternatives to campus parking.

Map by Julsun D. Pacheco, Cartography Lab, UHM Geography Dept.
THANKS! Now that you've joined OI, please consider an additional tax-deductible donation to help us grow.

Mrs./Mr./ Miss/Ms./ Dr./ Mr. & Mrs./ Drs. (circle one)

• NAME: ________________________________
  (as it should appear in our records)

• ADDRESS:__________________________________________

______________________________________________________

_________________________________ ZIP

• TELEPHONE:______________________________

Enclosed is my personal gift of $___________ to:
OSHER INSTITUTE for LIFELONG LEARNING.

___ I would like to discuss a gift or bequest with a development representative for the Osher Institute.

___ Check here if you do not wish for your name to appear in donor listings that the Colleges of Arts and Sciences may publish in appreciation for your support.

Make check payable to UH Foundation #123-079-04
Contributions are tax deductible to the extent provided by law.

Mail to:
Osher Institute for Lifelong Learning
PMB #460
2440 Campus Road
UH Manoa, Honolulu, HI 96822

Thanks for your support! It is much appreciated.

♦ What's On Your Mind?
Conversations About Concerns
Facilitator: Dr. Alice Scheuer, PhD, Clin. Psych.
Dates: Wednesdays (October 1, 8, 15, 22, 29, Nov. 5, 12, 19, no meeting Nov. 26, Dec. 3)
Time: 10 am - 11:45 am
Location: Krauss 111 (Class is limited to 10)
Description: Members of the class are asked to bring in copies of current news stories that are of particular concern to them. In our political and social discussions, we'll explore the issues involved and ways of actively addressing them. Dr. Scheuer will facilitate the first What's On Your Mind? and other groups may be added as needed.

♦ 17th Century Poetry in English
Instructor: Tia Ballantine, MA.; GA, English Dept.
Dates: Weds. (Oct. 1, 8, 15, 22, 29, Nov. 5, 12, 19, 26, Dec. 3)
Time: 9:30 am - 11:30 am
Location: Krauss 112 (Class is limited to 15)
Description: We will read, enjoy, and discuss poets of the 17th Century, including the English poets John Donne, Andrew Marvell, Richard Crashaw, Henry Vaughan, Thomas Carew, Ben Jonson, John Milton, as well as the American poets Anne Bradstreet and Edward Taylor. We will also consider T.S. Eliot's theories of the close philosophical relationship of these Early Modern poets to poets of the Modern era.

Greek Drama
Instructor: David Johnson, Atty. & Adjunct. Prof.,
Wm. Richardson School of Law, UHM
Dates: Wednesdays, Oct. 1, 8, 15, 22, 29, Nov. 5, 12,
19, 26, Dec. 3, and 10.
Time: 2 p.m. - 4 p.m.
Location: Krauss Hall 112
Description: This course in Greek Drama will in­
clude: Aeschylus - The Oresteia, a trilogy composed of
Agamemnon, The Libation Bearers (sometimes referred
to as Choephorae), The Eumenides; Sophocles - Oedipus
Rex, Antigone (these plays, together with Oedipus at
Colonus are sometimes dubiously referred to as "The
Theban Trilogy"). Euripides - Medea, the Bacchae;
Aristophanes - The Frogs, Lysistrata. Selections from
Aristotle's Poetics, Plato's Republic and (perhaps)
Symposium.

All of these plays should be easily available at
the public and UH libraries in several translations. I
will be teaching from the Lattimore translation of the
Oresteia (Aeschylus I - University of Chicago Press)
and the Grene translation of Oedipus Rex and
Antigone (Sophocles I, 2nd edition, University of Chi­
cago Press). Other well-regarded translations include
Fagles and Hugh-Jones. All these are in paperback
with line numbers, in the $10 range, and (except
Hugh-Jones) have all the course-selected plays of one
author in one volume.

Although I am indicating the edition from
which I will be teaching, I do not intend to limit your
choice of translations. The translations, though carry­
ing essentially the same story, are very different in
language. Having a variety of translations in the
classroom is often fun, so read any translation you
like and we will compare passages.

Tour the Ellis Gallery of Filipino Arts at HAA
Dates: Friday, November 21
Time: 10:30 am - Noon
Location: Meet at the HAA, 900 So. Beretania
Description: Named for the former Academy of
Arts Director, George R. Ellis, and his wife, Nancy,
this new gallery for the arts of the Philippines is
divided into three areas of study: pre-Western
contact Philippines; the Spanish Colonial period;
and the indigenous arts of the Northern and
Southern Philippines. The exhibit is rich in textiles,
sculpture, and items of personal adornment, both
secular and religious

Vignette Orientation: Behind-the-scenes tour
Facilitator: Robert Ahlstrom, Writer, and UHM
undergraduate student with Senior Visitor Prog.
Date: Friday, October 10
Time: 9 am - 11 am
Location: Meet at Krauss Hall 113 at 9 am sharp.
Enrollment limit: 12
Description: This campus orientation tour will visit
the home of the Writers Workshop and Lit Wit's Poetry
Club in Kuykendall Hall. You'll meet the new Editor­
in-Chief at the Ka Leo office and learn how to submit
and publish articles in the student newspaper. Stroll
McCarthy Mall to the Keller Hall Computer Lab
housing the University's mainframe computer. Visit
Hamilton Library (including the new wing), Queen
Lili'uokalani Student Services Center, and Sinclair
Library (home to the Wong Audiovisual Center and
the Computerized Learning and Information Center).
Visit the Campus Center where the bookstore, ball­
room, study lounges, game room, convenience store,
copy center, and rooftop garden are located. Tour ends
at the farmers' market. Please wear comfortable walk­
ing shoes and plenty of sun protection.
Galaxy Formation and Evolution
Astronomy Lecture with Dr. Alan Stockton
Date: Monday, October 27
Time: 2 pm - 4 pm
Location: Institute for Astronomy, C-214, at 2680 Woodlawn Drive (adjacent to Manoa Shopping Center).
Parking lot passes available at IfA main desk or take free shuttle bus from Varney Circle to IfA, 2680 Woodlawn Dr. (See details, page 18, under Faculty Housing shuttle route).
Description: It is now possible to identify galaxies at extreme distances from Earth. Recent data suggests that the first galaxies formed as early as 600 million years after the Big Bang. In this stunning multimedia presentation, Dr. Stockton will describe his astrophysical research on galaxy formation and change.

Dancing for Fun
Date: Sundays, October 12 and 26
Time: 2 pm - 4 pm
Location: Krauss Hall 111
Description: Join us for these informal sessions of ballroom dancing and socializing on two Sunday afternoons. Dance demonstrations will be presented.

An Architect's View of Honolulu: A Walking Tour of Downtown with Frank Haines
Date: Saturday, October 18
Time: Tour begins at 9 am sharp; ends at 11:30 am.
Location: Meet at AIA office, 119 Merchant St., #402
Description: Explore the historic and contemporary architecture that makes Honolulu unique. We'll see the Stangenwald Building, the outdoor courtyard at the YWCA, and everything in between. Tour begins on Merchant Street and takes in the main business and Capitol district with a swing through Chinatown. Wear comfortable walking shoes and plenty of sun protection. Drinking water will be provided. This event has a $15 tour fee that includes a color souvenir guide of the sites visited. Please add fee to OI membership if you wish to participate. Tour limited to 35 only.

Chi Kung Workshop
Instructor: Dieter Runge, Instructor of Tai Chi
Dates: Saturdays, November 8 and 15
Time: 2 pm - 5 pm
Location: Krauss Hall 111 (Class limited to 35)
Description: The Taoist way of Chi Kung promotes health by integrating physical postures, breathing techniques, and focused intention. Practitioners of this ancient healing system say that it helps guide individuals toward a peak condition of health and well-being by "cooling down" the system; eliminating "trapped energy" in the body; and "detoxifying" the organs. These exercises are easy to learn and are performed sitting in a chair. Individuals need only be able to raise their hands above the head. Most exercises introduced in the workshop will be learned in the first session with repetition in the second workshop one week later. Space in this workshop is limited to 35 only.

Power and Authority
Instructor: Vernon Char, Attorney at Law
Dates: Thursdays, Oct. 16, 23, 30, Nov. 6
Time: 10 am - Noon
Location: Krauss Hall 113-B
Description: The simple definition of "power" is the capacity to produce or prevent change. Power is one of the primary forces of both nature and humanity. Power is always significant in human relationships. Power is the capacity to cause people to act. It is found in domestic settings as well as in corporate, political, and military settings. Power is amoral. It is neither inherently good nor evil, but it has the capacity to do good or do evil. This class will explore concepts and ideas of power including readings from Machiavelli, Confucius, Tolkien, Daws, Goodall, and Emerson.
**Neurorealism**

**Instructor:** Bruce E. Morton, Professor Emeritus, Biochemistry & Biophysics, UH School of Med.

**Dates:** Mon. Oct. 6, 13, 20, 27, Nov. 3, 10, 17, 24, Dec. 1, 8

**Time:** 9:30 am - 11:30 am

**Location:** Kuykendall Hall 208

**Description:** Neurorealism is a transformational context for existence that bridges brain and mind, science and religion.

In these sessions, Dr. Bruce Morton will explore the neuroscience origin and basis of the core elements of religion and morality. The context of Neurorealism, according to Dr. Morton, is inclusive, not exclusive. It contains the common biological core of the world's religions. He will discuss how his path as a Life Scientist led him to many unexpected discoveries about Brain and Reality that have been abundantly confirmed. Dr. Morton will explore the fundamentals of Neurorealism under the following broad topics: 1. Solution of the Mind-Body Problem: Impossibility of the Extracorporeal; 2. The Quadrimental Brain Model and Human Consciousness; 3. Dyadic Human Nature; 4. Familial Polarity and Global Conflict; 5. The Elements of Control; and 6. The Transformative Potential of Neurorealism.

Morton says that religion and morality have "been misperceived as something external and supernatural, rather than the individual brain-dependent, genetically-evolved social wisdom that it now appears to be."

**Eastern Philosophy and American Music**

**Instructor:** Xiaole Li, PhD, Musicology, UHM

**Dates:** Tuesdays, November 4, 11, 18, 25

**Time:** 10 am to Noon

**Location:** Krauss Hall 112

**Description:** As multiculturalism is learned, diverse musical styles emerge and bloom in the U.S. American composers and musicians have moved away from the Eurocentric musical tradition, and their compositions are infused with Eastern philosophical and aesthetic elements to explore new domains of sounds and meanings. This course will include lectures on both serious composers and popular musicians who create their music with Eastern philosophy and aesthetics.

**Global Studies Seminars**

**Facilitator:** Dr. Fred Riggs, UHM Prof. Emer. Political Science

**Dates:** Fri., Oct. 3, 10, 17, 24, 31, Nov. 7, 14, 21

**Time:** 5 pm - 7:30 pm

**Location:** Crawford 115

**Description:** This will be a multidisciplinary introduction to the study of globalization as an accelerated process that has ancient historical roots. It is rapidly enclosing the world in a matrix of linked forces with both malignant and benign consequences that challenge everyone in Hawaii to understand how we are affected and what we can do about it. Presentations by interdisciplinary panels will focus on what we can learn about globalization from the disciplines -- History, Geography, Anthropology, Political Science, Economics, Communications, Religion, Art, Music, Literature, Language, Education, Business, Law, Health, and many other fields of knowledge.

Through presentations and videos, the course will aim to increase the understanding that:

- global decisions and events are interconnected;
- people, groups, societies, governments, and nations must find interdependent solutions to current global problems;
- every population faces the same global challenges despite the diverse traditions and practices that they may have;
- different populations hold varied perspectives on the same concerns; and
- environmental issues are the personal and collective responsibilities at both the local and global levels.
Special Events for Members

♦ Secrets of Good Health
Instructor: Dr. James H. Moy, Professor Emeritus, Molecular Biosciences & Bioengineering
Dates: Thursday, November 20
Times: 10 am - Noon
Location: Krauss Hall 113-B
Description: Aging is an unavoidable process. Many environmental factors add to the stress and oxidation of the human body. Eating right, avoiding fatty foods, and practicing a good exercise routine consistently will help keep the body in reasonable shape and allow one to enjoy life. This presentation will explore the factors contributing to the aging process. We'll study the three most important parts of the body to exercise besides the brain and examine some tested exercise routines and the importance of motivation and consistency.

♦ How to Create Bronze Sculptures
Facilitator: Kim Duffett, Artist & Sculptor
Date: Friday, October 17
Time: 10 am - Noon
Location: Krauss Hall 112
Description: Award-winning artist Kim Duffett has received much praise for his larger-than-life bronze artworks in collections around the world. His most recent efforts here have been dedicated to sculpting three monumental, twice life-size bronze dancers celebrating *Kahiko*, the ancient hula (see the fountains at the Hilton Hawaiian Village). Other examples can be seen in the figurative bronze and cast stone fountain at The Courtyards at Punahou condominium. In this presentation, Duffett will show videos of his works in progress and discuss how and why he sculpts.

♦ South American Quest for Independence
Instructor: Gaby Hanna, MA, Language instructor
Dates: Tuesdays, Sept. 30, Oct. 7, 14, 21, 28, Nov. 4
Times: 2 pm - 4 pm
Location: Krauss 113-B
Description: Simon Bolivar and Jose de San Martin are only two of the many leaders who played key parts in the quest for South American independence. This six-part class will explore the dynasties, conquests, revolutions, invasions, and constitutional crises—as well as the personalities of the major leaders—involved in South America's independence movements.

♦ A Writing Circle
Facilitator: Yi-chuan Ching, M.D.
Dates: Writers' group meets on alternate Wednesdays, October 1, 15, 29, Nov. 12, 26, Dec. 10
Time: 9:30 am - 11:30 am
Location: Krauss 113-B
Description: Those with a yen to write are invited to participate in these circles. We will take turns informally reading our own work for reaction and comment. All will have a chance to submit work on a regular basis. *Writer's Circle is limited to 6. Previous participants will be given preference.* Serious writers may contact Dr. Yi-chuan Ching at yching@pol.net for more information.

♦ Psychology You Can Really Use
Dates: Tuesdays, Oct. 7, 14, 21
Time: 10 am to Noon
Location: Krauss 113-B
Description: In three entertaining and insightful sessions, Dr. Blaylock will explore: 1. Simple Ways to Solve Nasty Problems; 2. How to Be Appropriately Maladjusted; and 3. The Six Things You Need In Your Life to Be Happy.
Art and Medicine: Three Tours at HAA

Docent: Mary Flynn, M.D., Ret. Pathologist

Dates: Fridays, October 24, 31, and Nov. 7

Time: 10:30 am - 11:30 am

Location: Meet at the Honolulu Academy of Art, 900 So. Beretania (Validated prkg. at Linekona Ctr.)

Description: Art has held up a mirror to the human experience throughout history. Medicine, art and religion were and are inseparable in most cultures. Among the art objects at the HAA are pieces linking the history and social context of art and medicine. Medicine is viewed here as diagnosis and treatment of disease as well as the improvement and preservation of health throughout the life cycle. Each of these tours will observe and contrast art representing the artistic style and medical experiences of a particular group, place, and/or time.

1. West: From roots in the ancient Mediterranean, art and medicine move from religious/magical practices, through scientific and humanistic themes to the contemporary supremacy of technology.

2. Asia: Great civilizations with strong traditions in art and medicine developed in China and India, emphasizing oneness with body, mind, and spirit.

3. Africa, Oceania, and the Americas: Religion, magic, and medical treatment are regarded as inseparable concepts in traditional cultures, sharing objects and practices as well as practitioners.

Practical Computing: One-on-One Tutoring

Instructor: Robert G. "Papa" Ahlstrom, Writer

Dates: Variable depending on individual needs

Time: Availability varies (call 220-8744)

Place: UH M computer labs or off-campus sites.

Description: If you'd like to learn how to maneuver through email, conduct research on the internet, learn WORD or EXCEL, these individual tutoring sessions may be helpful. To arrange training times on or off-campus, please call Mr. Ahlstrom directly at 220-8744.

*Note: Fees may be requested for tutoring off-campus.

Osher Institute Satellite Programs

Dickens: Beginning, Middle & End

Instructor: Joe O'Mealy, PhD, Professor, English

Dates: Thursdays, Sept. 25, Oct. 2, 9, 16, 23, 30

Time: 7:30 pm - 9 pm

Location: Arcadia Residence, 1434 Punahou Street

NOTE: Course enrollment preference will be given to Arcadia residents. OI members are asked to call 956-8224 before registering to determine whether seats are still available.

Maximum Enrollment: 20

Description: We'll read three novels by Charles Dickens from three different periods of his career. The early (Oliver Twist) the middle period (David Copperfield) and the late (Great Expectations). We will trace the development of Dickens' themes, artistry, and world view over 25 years. Participants must obtain the required texts mentioned above and have a commitment to reading carefully three long novels in six weeks.

Other OI off-campus workshops include:

Memory Improvement Strategies

Instructor: Leonie Walter, PhD, Psychology

Locations: Call 956-8224 for sites, times, dates of this four-session workshop. Copies of Memory Rejuvenation by Dr. Walters will be available.

The Illuminated Life®

Workshop leaders and facilitators:
Abe Arkoff, PhD; Leonie Walter, PhD; Elizabeth Bailey, MSW; and Heidi Wong, MSW

Locations: Call 956-8224 for more information on off-campus sites, times, and dates of these workshops. Copies of the accompanying text, The Illuminated Life: Your Third Age Lifebook, will be available for workshop participants.
OI Membership Form  FALL 2003

Name: ____________________________
Address: ____________________________
___________________________ City ____________________________
Zip: ___________ Phone: ___________
email address: ____________________________
Emergency Contact: ____________________________
Phone: ____________________________

1. Complete information above and select your membership category below:

☐ I am a current 2003-04 OI Annual member

☐ I wish to join as an Annual Member:
$150 for one year: Fall, Spring & Summer

☐ I wish to be enrolled as a Session Member: 
$60 for FALL Term 2003.

☐ I wish to join the Honolulu Architecture Tour. 
Extra tour fee: $15 (See page 14 for details.)

Please make membership check payable to:
University of Hawaii Foundation
Account #123-079-04.

On pages 8 and 9, select up to three courses and any special events of interest. (NOTE: Special events are open on space-available basis to members. Extra tour fees may apply for selected special events.)

3. Return membership check and course selections to:
Osher Institute for Lifelong Learning
PMB #460
2440 Campus Rd.
Honolulu, HI 96822

OI Membership Information

Annual and Session members may sign up for courses, participate in special events, receive program newsletters, and join community service projects. There are no membership requirements of prior educational experience. Categories of membership are Session (three sessions per year) or Annual (12-month membership):

Session Member, $60. Entitles an individual to join and attend up to three courses during the Fall term and attend any special events on a space-available basis. Fall term runs from September 25 through December 17, 2003.

Annual Member, $150. Entitles an individual to join and attend up to three courses during the Fall term and enroll in three courses during each of the subsequent terms -- Spring and Summer. Annual membership is good for 12 months starting with the date of initial enrollment. In addition to the benefits provided to Session members, Annual members receive University library privileges and access to other activities and events on campus.

Please note: MEMBERSHIP FEES (both Annual and Session) are non-refundable. If you have any questions about membership categories, please call our office at 956-8224. Make your course selections on pages 8 and 9 and send your completed membership application and check to the OI address listed at the bottom of page 10. Make membership checks payable to: UH Foundation Project #123-079-04. Thanks for your support!
FALL 2003 COURSE SELECTION FORM

Mark below the courses you wish to join. Membership in OI at the Annual or Fall session level entitles you to select three courses. If seats are available, you may join additional courses. Indicate your priorities if you make more than three selections. Special Events (listed at right) are offered in addition to courses and are available on a first-come, first-served basis. Please note that the AIA Honolulu Tour requires an additional $15 fee**.

__ What's On Your Mind? Weds. (Oct. 1 - Dec. 3); 10 am - 11:45 am
Krauss Hall 111 (Maximum enrollment is 10)

__ 17th Century Poetry in English Wednesdays (Oct. 1 - Dec. 3)
9:30 am - 11:30 am, Krauss 112 (Max. enrollment is 15)

__ Greek Drama Wednesdays (Oct. 1 - Dec. 10)
2 pm - 4 pm, Krauss 112 (Maximum enrollment is 20)

__ Chi Kung Workshop (Max. enrollment is 35)
Saturdays (Nov. 8 and 15); 2 pm - 5 pm, Krauss 111

__ Power and Authority: Manoa Forum
Thurs. (Oct. 16 - Nov. 6); 10 am - Noon, Krauss 113-B

__ Neurorealism Mon. (Oct. 6 - Dec. 8); 9:30 - 11:30 am, Kuyk. 208

__ Eastern Philosophy & American Music Tues. (Nov. 4 - 25);
10 am-Noon, Krauss 112

__ South American Quest for Independence
Tuesdays (Sept. 30 - Nov. 4); 2 pm - 4 pm, Krauss 113-B

__ Writing Circle Weds. (alternating Oct. 1 - Dec. 17)
9:30 am - 11:30 am, Krauss 113-B Seminar Room

__ Psychology You Can Really Use
Tuesdays (Oct. 7, 14, 21); 10 am - Noon, Krauss 113-B

__ Art and Medicine: Three Tours at HAA
Fridays (Oct. 24, 31 and Nov. 7)
10:30 am - 11:30 am, Honolulu Academy of Art

Practical Computing: One-on-One Tutoring
Varies depending on availability of tutor. Call 220-8744

Osher Institute Satellite Programs

__ Dickens: Beginning, Middle & End
Thursdays, Sept. 25 - Oct. 30; 7:30 - 9 pm
Arcadia Residence, 1434 Punahou Street

__ Memory Improvement Strategies*
__ The Illuminated Life® workshop*
*Call 956-8224 for sites, times and dates

Special Events for Members

__ Secrets of Good Health with Dr. James Moy
Thursday, Nov. 20, 10 am - Noon, Krauss 113-B

__ How to Create Bronze Sculptures
Friday, Oct. 17, 10 am - Noon, Krauss 112

__ Global Studies Seminars
Fri., Oct. 3 - Nov. 21, 5 pm - 7:30 pm, Crawford 115

__ Galaxy Formation and Evolution
Mon., Oct. 27, 2 pm - 4 pm, IfA, 2680 Woodlawn Dr., #C-214

__ Dancing For Fun, Sun., Oct. 12 & 26; 2 pm - 4 pm, Krauss 111

**__ Architect's View of Honolulu: Walking Tour with AIA
Two-hour guided tour of downtown, Saturday, October 18 from 9 am to
11:30 am. **This event has an additional fee of $15 that includes tour and
a souvenir guidebook. Meet at AIA, 119 Merchant Street, Suite #402.

__ Tour the Ellis Gallery of Filipino Arts at HAA
Fri., November 21; 10:30 - Noon at Honolulu Acad. Art

__ Vignette Orientation: Behind-the-scenes UHM tour
Friday, October 10; meet at Krauss 113 at 9 am