Free shuttles at your service

Parking at UHM can be tricky, especially when driving in to attend morning classes at OLLI. Three options to avoid parking headaches:

- **Free Park & Ride Shuttles for the Public:**
  -- JCC Express shuttle service begins at 7:15 am weekdays. This free shuttle runs on a continuous 20-minute cycle stopping at the Varsity Building on University Avenue (next to Varsity Theatre parking lot); Japanese Cultural Center (JCC) adjacent to their indoor parking garage; Pucks Alley; Varsity Gate; Lower Campus; Law School (this stop is just across from our OLLI classrooms in Krauss Hall); St. John Hall (corner of Maile Way and East-West Road); Varney Circle; and returning to the Varsity Building via University Avenue. The last JCC Express shuttle leaves Varney Circle at 4 pm weekdays. New night shuttle service will begin Spring Semester 2004.
  -- Faculty Housing shuttle route leaves from Varney Circle and goes into Manoa Valley every 20 minutes with a marked stop at the Institute for Astronomy and Faculty Housing on Woodlawn Drive.

- **Handicapped Parking Permits:** If you possess a valid City & County Disability Placard, you may purchase a visitor parking entry for $3 at any campus entry gate and park in any legal, marked parking stall on campus. Both the visitor parking ticket and the placard must be displayed on dashboard.

- **Campus Express Shuttle:** Free shuttle service for the public offers a quick route across campus. Campus Express begins at the Law School on Dole Street and loops through campus on 15-minute intervals. It makes designated stops at Burns Hall; Jefferson Hall; St. John Hall; Varney Circle Fountain; Maile Way; Law School Parking Lot near Orvis Auditorium, then returns to the Law School. The last express leaves Varney Circle at 5 pm.

Insightful Learning, Ageless Minds

The Osher Lifelong Learning Institute (OLLI) in the Colleges of Arts and Sciences at the University of Hawai'i at Manoa provides a curriculum of stimulating intellectual opportunities for older persons. Established at UHM in 1997 by a group of retired professors and community elders, the program is underwritten by a generous grant from The Bernard Osher Foundation of San Francisco, and supported by members' contributions as well as funding from the UHM Colleges of Arts and Sciences.

Please join us at our Open House and celebrate OLLI's seventh birthday on Thursday, February 12 at 2 pm in Krauss 112-113. Spring Term 2004 classes, workshops, and special events on campus will begin the following week, Tuesday, February 17. Mark your calendar and join us for Spring Term 2004.

HOW TO REACH OLLI

For more information about the Osher Lifelong Learning Institute courses, opportunities, and membership benefits, see pages 11 - 14 in this brochure, or call OLLI-UHM Director Rebecca Goodman at 956-8224. Visit our UHM offices and classrooms in Krauss Hall 113, or check the OLLI website at: http://www.all.hawaii.edu/

- MAILING ADDRESS
  Osher Lifelong Learning Institute
  PMB #460
  2440 Campus Road
  Honolulu, HI 96822
THANKS! Now that you’ve joined OLLI, please consider an additional tax-deductible donation to help the program grow.

(circle one) Mrs./Mr./Miss/Ms./Dr./Mr. & Mrs./Drs.

• NAME: ________________________________________
  (as it should appear in our records)

• ADDRESS: ________________________________________
  ____________________________
  ZIP ____________

• TELEPHONE: ____________________________

Enclosed is my personal gift of $__________ to:
Osher Lifelong Learning Institute

____ Check here if you do NOT wish for your name to appear in donor listings that the Colleges of Arts and Sciences may publish in appreciation for your support.

____ I would like to discuss a gift or bequest with a development representative for OLLI.

Make check payable to UH Foundation, #123-079-04
Contributions are tax deductible to the extent provided by law.

Mail to:
Osher Lifelong Learning Institute-UHM
PMB #460
2440 Campus Road
Honolulu, HI 96822

Thanks for your support! It is much appreciated.

OLLI Course Descriptions

♦ Some Persistent Themes in Chinese History
Presenter: Daniel W. Y. Kwok, Professor Emeritus, UH Manoa History Department
Dates: Tuesday & Wednesday, Feb. 17 and 18
Time: 1:30 pm - 3:30 pm
Location: Krauss Hall 112
Description: This two-session presentation held on consecutive days will explore Chinese history from Confucius to Mao Zedong and examine some persistent themes over the course of centuries. Our discussions will consider Confucianism and Chinese thought, unified empire and centralized bureaucracy, civil examination and social mobility, culturalism and nationalism, China’s encounters with the West, reforms, and revolution. As a foremost authority on China, Dr. Kwok will provide insights into China’s internal problems and external influences.

Professor Kwok has been at UH Manoa since 1961, and was Director of Asian Studies from 1969 to 1975; Chair of History from 1986 to 1988; and Director of the Center for Chinese Studies from 1987 to 1991. His principal field is the history of Chinese thought. He is currently Director of the University of Hawaii Asia Fellowships for Journalists program (formerly the Gannett and The Freedom Forum Fellowships). Dr. Kwok’s publications have addressed Chinese scientism, populism, and Qing thought. His most recent contributions are The Urbane Imagination: Ideas of Civilization in the Chinese Garden (1997), and Turbulent Decade (1996), an edited translation of a work by Yan Jiaqi and Gao Gao concerning the Cultural Revolution.
Mostly Women (and One Good Man):

Working Class Poets of Pre-20th Century Britain

Instructor: Tia Ballantine, MA; GA, UH English Dept.

Dates: Wednesdays, Feb. 18 - April 28 (no class on March 24, Spring Break Week)

Time: 9:30 am - 11:30 am

Location: Krauss Hall 112

Description: This 10-week course will examine the work of 14 working class women poets, including the work of the Scottish servant poet Christian Milne, the maidservant Elizabeth Hands, Irish seamstress Frances O’Neill, milkmaid Ann Yearsley, and professional writer Charlotte Smith, amongst others. As we move closer to summer, we will also read the poems of “peasant-poet” John Clare.

There will be one required text, a reader provided by the instructor.

Week 1: Anna Trapnel (c. 1622-?)
Elizabeth Thomas (1675-1731)
Catharine Trotter (1679-1749)

Week 2: Elizabeth Tipper (c. 1698)
Elizabeth Moody (b. before 1750-d. 1814)

Week 3: Charlotte Smith (1749-1806)

Week 4: Ann Yearsley (1752-1806)

Week 5: Mary Robinson AKA Anne Frances Randall, Sappho, Laura Maria, Tabitha Bramble, Oberon, Lesbia, etc. (1758-1800)

Week 6: Jane West (1758-1852)
Frances O’Neill (c. 1785)

Week 7: Christian Milne (b. 1773-d. after 1816)

Week 8: Elizabeth Hands AKA Daphne (c. 1789)

Week 9: Janet Hamilton (1795-1873)
Frances Anne Kemble (1809-1893)

Week 10: John Clare (1793-1864)

Peruvian Textiles: Slide Show & Folkarts Exhibit

Presenter: Tom Sheeran, Chair, Hawaii Cares; world traveler, collector, and expert on indigenous crafts and native arts of Central and South America

Dates: Friday, April 23

Time: 10 am to Noon

Location: Krauss 112

Description: The weaving tradition in Peru goes back thousands of years. In this slide show and hands-on exhibit, arts collector Tom Sheeran will present a travelogue and discuss Ayachuco wool tapestries, methods of preparation and design, examples of vintage and antique weavings typical of traditional Peruvian costumes, and contemporary folkart. If you’re planning a trip to Peru or just want to re-live your own adventures in Machu Picchu or Cuzco, join us for this colorful presentation on the native crafts, villages and markets of Peru.

History of Labor in Hawai’i

Instructor: Ah Quon McElrath, Community Activist; Former Member, UH Board of Regents

Dates: To be announced in February

Time: To be announced in February.

Location: Krauss 112 (Enrollment is limited)

Description: Activist and union social worker Ah Quon McElrath has long been affiliated with the International Longshore and Warehouse Union (ILWU). She is credited with seeking standard-of-living improvements for union workers and has been an eloquent advocate for the poor in Hawaii. In these seminars, she will explore the tumultuous history of labor in Hawaii from plantation labor disputes in the 1800s to the zenith of unionization in the 1970s to modern globalization concerns.
♦ China and Japan: Cultural Perceptions and Cultural Translation
Instructor: Robban A. J. Toleno, UHM Anthro.
Dates: Thursdays, February 19, 26, March 4 and 11
Time: 4:30 pm - 6 pm
Location: Krauss 113/Kuykendall 208 (Enrollment is limited)
Description: Popular perceptions of Japan and China are often generalized into convenient stereotypes. In this course, however, we will question representations of culture, and look at how these relate to identity. Using anthropological tools, and also drawing upon the instructor's personal experiences living in Japan, Taiwan, and the People's Republic of China, we will examine cultural symbols so as to broaden perspectives on these diverse and dynamic culture areas. Each class will focus on a theme, or a set of related themes, which will be presented through lecture, video, and short readings. Questions and discussion are encouraged.

Among the diverse topics to be explored are:
- **February 19** - Stereotyped perceptions of China, Japan, and the U.S.; Minorities and marginal nationality; the problem of ethnic identity: Who owns cultural forms?; Popular landscapes, painting, and painters: Guilin, Huangshan, Fuji, Hiroshige's Tokaido; Landscapes in national identities.
- **February 26** - Crossovers in poetry and in music.
- **March 4** - Japanese aesthetics and the battle over beauty; Japanese craft: pottery, paper, textiles, woodwork, lacquer; Water in culture: manipulations in China, the onsen of Japan; Dirt in culture: stigma/status in China, cleanliness=purity in Japan.
- **March 11** - European architecture on the Yangtze; creating cultural space vs. creating status symbols; Fengshui in Taiwan and America.

♦ Pacific Island Cultures: An Introduction
Instructor: Dr. Eugene Ogan, Prof. Emeritus, Anthropology, University of Minnesota
Dates: Thursdays, Feb. 19, 26, Mar. 4, 11, 18
Time: 2 pm - 4 pm (with one 10-minute break)
Location: Krauss Hall 112 (Enrollment is limited)
Description: This introductory course will examine a variety of Pacific Island cultures and establish a cultural baseline for understanding the contemporary Pacific and ways in which cultural backgrounds and identity influence the region. We'll explore prehistory in the Pacific; voyaging and settlement; regional differences in social ranking and social organization; colonial impacts; island resources; and cultural continuity.

♦ Legacies 101: A Writing Workshop
Facilitator: Norma K. Koenig, MA, MPH
Dates: Alternate Tuesdays, Feb. 17, Mar. 2, 16, 30, April 13, 27, May 11 (Enrollment limited)
Time: 5:45 pm - 8 pm
Location: Makiki Community Library, 1527 Keeaumoku St. (Parking is available on Keeaumoku Street after 5:30 pm or in Makiki District Park parking lot. Heading mauka, the lot is the first driveway on the right after crossing the freeway overpass.)
Description: If you yearn to rekindle personal memories and transmit your "story" to family members or other loved ones, join us for this new writing workshop. Participants will have an opportunity to polish writing skills and distill, shape, and recast thoughts and memories. A central aim is to create an atmosphere conducive to writing satisfying drafts. We will offer support, feedback, and encouragement toward the goal of writing a memoir. Diverse exercises such as visualizations, breathing exercises, guided reveries, and group critiques will help participants convert weekly drafts into memorable foundations for a life story.
♦ The Illuminated Life® Workshop
Instructor: Abe Arkoff, Prof. Emer., Clin. Psychol.
Dates: Session I: Tuesdays, Feb. 17, 24, Mar. 2, 9, 16, 23, 30, April 6. Option to continue in Session II:
Tuesday, April 13, 20, 27, May 4, 11, 18, 25, June 1
Time: 1 pm - 3 pm
Location: Krauss 113-B (Enrollment is limited to 20)
Description: The way we live our lives affects our health and well-being. A “life check-up” can be as important as a physical check-up. In this life review/life enhancement workshop, we will look candidly at our lives to affirm what's good and work on what could be made better.
We will pose a series of “life questions” — one each session — and pursue our own answers through reading, discussion, and novel exercises. We will become “caring presences” and “caring disclosers” as we support each other and share our work and lives.
We will prepare for each meeting by completing a brief unit in the workshop’s “lifebook.” Before the first meeting, read Chapter 1 in this book and write out Exploration 1. The book is The Illuminated Life: Your Third Age Lifebook, if you are 55 or older. If younger than 55, please obtain The Illuminated Life: Your Lifebook.
The workbook is available from Professional Image, 2633 S. King St, Ph. 973-6599 (validated parking on the makai-Diamond Head corner of King and University). The price of each version of the book is $15.07 (incl. tax). Please call ahead to have a copy prepared for you.
For further information, please call workshop leader Abe Arkoff at 956-6728 during weekday afternoons.

♦ Translucent Wood Bowls: A Private Studio Tour
Artist: Ronald E. Kent, Artist and Investment Mgr.
Dates: Monday, May 3, 2004
Time: 9:30 am - 11:30 am
Location: Private studio tour in Kailua.
Note: Enrollment is limited to 20. Instructions and map for participating in studio tour will be supplied upon enrollment.
Description: Ron Kent’s turned wood bowls are renowned for their translucent beauty and exquisite, narrow bases. His works are in the permanent collections of the Metropolitan Museum of Art, the Louvre, the High Museum in Atlanta, and the Bishop Museum. In this private studio tour, learn how he selects wood and carefully seeks a silhouette that best displays grain, knots, and coloration.

♦ Philosophy, Politics & Media Film Series
Time: 7 pm - 9 pm
Location: St. John 11, UH Manoa (corner of Maile Way and East-West Road)
Description: This film series will explore a range of philosophical, political, and media concerns facing the U.S. Each film showing will be followed by a public discussion. Topics to be addressed throughout the series include: media objectivity; self-censorship resulting from corporate influences; U.S. politics in Central America, the Middle East, China, and Korea; challenges facing democracy; international relations; human rights; and security. A listing of film titles will be posted each month at OLLI. Films are free and open to the public.
Oahu Piano Quartet Recital at Orvis

**Dates:** Tentative date: Wednesday, March 24, 2004  
**Time:** noon - 1 pm  
**Location:** Orvis Auditorium, Music Department, UH Manoa  
**Description:** Back by popular demand, the Oahu Piano Quartet will offer another Spring recital in Orvis Auditorium. This hour-long concert will feature the works of Bach, Mozart, Grieg, Wagner, and Debussy.

The OPQ grew out of a 1993 performance reuniting musical friends. Since then, Jeannette Chun, Thelma Diercks, Lillian Ito, and Eleanor Lum have regularly met to enjoy the pleasures of making music at two pianos.

Thursday Downtown Speakers Program

Colleges of Arts and Sciences, UH Manoa  
**Time:** noon - 1 pm  
**Location:** 180 So. King Street, American Savings Bank Tower (formerly Pacific Tower), 8th Floor  
**Description:** Details of presentations listed below are available at OLLI or call office at 956-8224.

- **February 12 - Princess Di of the North: Rethinking Catherine the Great;** Dr. Ruth Dawson, author, Prof. Women's Studies; lecturer, researcher.
- **March 11 - Angkor Wat: World’s Largest Temple;** Dr. Bion Griffin, Assoc. Dean, CSS, Prof., Anthro.
- **April 8 - Mummy Talks: The Egyptian Mummy Project;** Dr. Robert Littman, Prof. Classics
- **May 13 - Neutrino Studies at UH: Uncovering Secrets of the Universe to Use in National Defense;** Dr. John Learned, Prof. Physics and Astronomy.

Shakespeare: Four Plays and Ten Sonnets

**Instructor:** David Johnson, Atty. & Adj. Prof, Wm. S. Richardson School of Law, UH Manoa  
**Dates:** Thursdays, Mar. 11, 18, 25, April 1, 8, 15, 22  
**Time:** 5:30 pm - 7:30 pm  
**Location:** Krauss Hall 112  
**Description:** Enjoy Shakespeare, the world’s finest playwright and poet. This mix of plays and sonnets will show different aspects of Shakespeare’s art.

Sessions include:
- March 11: Introduction to Shakespeare  
- March 18: *Henry IV, Part 3*  
- March 25: *Richard III*  
- April 1: *As You Like It*  
- April 8: The Sonnets (10 sonnets to be assigned)  
- April 15: *Othello*  
- April 22: *Othello* (further discussion) and end-of-class celebration.

Note: Class will meet on March 25 during Spring Break week.

writers’ circle

**Facilitator:** Yi-Chuan Ching, M.D.  
**Dates:** Writers’ group meets on alternate Wednesdays, Feb. 25, Mar. 10, 24, Apr. 7, 21, May 5  
**Time:** 9:30 am - 11:30 am  
**Location:** Krauss 113-B seminar room  
**Description:** Those with a yen to write are invited to participate in this circle. We will take turns informally reading our own work for reaction and comment. Participants will have a chance to submit work on a regular basis. Enrollment in Writer’s Circle is limited. Previous participants will be given preference. Please call 956-8224 for more information about joining this seminar.
Tai Chi for Beginners
Instructor: Dieter Runge, Instructor of Tai Chi
Dates: Tuesdays and Thursdays, Feb. 17 - May 5
(Note: No Tai Chi class sessions will be offered during Spring Break, March 22 - 26)
Time: TBA
Location: Meet at East-West Center Lanai
Description: This healing and martial art is based on the complementary principles of Yin and Yang and the concept of Chi as the life-force energy. This class will concentrate on health benefits including balance, relaxation, and finding one’s center. Wear comfortable clothes, thin-soled shoes (or go barefoot). Although Tai Chi is not a strenuous activity, new participants in the class will be asked to review and complete a medical liability waiver before starting class.

Chi Kung Workshops
Instructor: Dieter Runge, Instructor of Tai Chi
Dates: Saturdays, April 10 and April 17, 2004
Time: 2 pm - 5 pm
Location: Krauss 111 (Class limited to 30)
Description: The Taoist way of Chi Kung promotes health by integrating physical postures, breathing techniques, and focused intention. Practitioners of this ancient healing system say that it helps guide individuals toward optimal health and well-being by “cooling down” the system; eliminating “trapped energy” in the body; and “detoxifying” the organs. These exercises are easy to learn and are performed sitting in a chair. Individuals need only be able to raise their hands above the head. Most exercises introduced in the workshop will be learned in the first session with repetition in the second workshop one week later.

Railroading: Hidden Adventures
Presenter: James W. Betts, author of From Nowhere to Somewhere on a Round Trip Ticket (Scrapbook Press, 2003)
Dates: Friday, April 16, 2004
Time: 10 am - Noon
Location: Krauss Hall 112
Description: In this lecture and video presentation, author James Betts will explore the appeal of railroads hidden from freeways, airports, and people. In an historical overview of rail systems in the U.S. and abroad, the author—a former Dun & Bradstreet writer—will chronicle his love of trains and share his unusual collection of memorabilia and photos.

Nanotechnology Revolution
Presenter: Klaus Sattler, Prof. Physics, UHM
Dates: Friday, May 7, 2004
Time: 1:30 pm - 3 pm
Location: Krauss Hall 112
Description: Nanotechnology brings together science, engineering, and technology to manipulate individual atoms and molecules. Nanotechnology uses a basic unit of measure called a nanometer (nm) — so small that it would take about 40,000 nm to equal the width of an average human hair. Dr. Sattler believes that nanotechnology has the capacity to change nearly everything in our lives—from medicines to computers, automobiles, and objects not yet invented. This presentation will explore some of the research going on at UHM and elsewhere. We’ll consider smart materials that assume a variety of shapes and heal themselves when damaged; nanobots that may someday help our brains perform better; and many other “future shocks.”
Research and Volunteer Projects at OLLI

♦ Advanced Planning & Caregiver Focus Group
Dates: Friday, February 27, 2004
Time: Noon - 1:30 pm
Location: Krauss Hall 112
Description: As part of a research study to enhance support and care for Hawaii's elders, OLLI members may participate in this two-part survey on end-of-life concerns, beliefs, and knowledge. Participants will receive information about advanced care planning; funeral and memorial planning; care for the dying; and bereavement support. The statewide research is sponsored by the UHM Center on Aging; Project Dana; Castle Medical Center Caregiver Program; Honolulu Gerontology Program; Kokua Kalihi Valley; and Kona Community Hospital. Participants in the research survey will receive a catered buffet lunch and four newly published books on advanced care planning and caregiving in Hawaii. Enrollment is limited.

♦ Master Learners: The Art of Peer-Mentoring
Dates: Friday, May 14, 2004
Time: 1 pm - 3 pm
Location: Krauss Hall 112 (Enrollment is limited.)
Description: Master Learners are mature students with valuable insights, life experience, and a genuine interest in helping students succeed in their studies. Master Learners participate in undergraduate classes at UHM for the joy of discovery and the opportunity to assist students in exploring and integrating course materials. If you’ve been a member of OLLI for several terms or participated in UHM’s Senior Citizen Visitor Program, you may be ready to put your life experience and love of learning to work as a peer mentor, someone who—with the consent of a UHM instructor—engages in coursework as a Master Learner and participates as a co-learner and mentor in semester-long classes. Explore the opportunities of peer mentoring in this workshop.

♦ Neurorealism
Instructor: Bruce Morton, Ph.D., Prof. Emeritus, Biochemistry & Biophysics, University of Hawaii School of Medicine
Dates: Mondays, Feb. 23 - May 10, 2004
Time: 9:30 am - 11:30 am
Location: Kuykendall Hall, Room 208
Description: Neurorealism is a transformational context for existence that bridges brain and mind, science and religion. In these sessions, Dr. Bruce Morton will explore the neuroscience origin and biological basis of core beliefs and morality common to the world’s religions. He will discuss how his path as a Life Scientist led him to many unexpected discoveries about brain and reality that have been abundantly confirmed. The fundamentals of Neurorealism will be explored under the following broad topics: 1. Solution of the Mind-Body Problem: Impossibility of the Extracorporeal; 2. The Quadrimental Brain Model and Human Consciousness; 3. Dyadic Human Nature; 4. Familial Polarity and Global Conflict; 5. The Elements of Control; and 6. The Potential of Neurorealism to reduce human suffering. Dr. Morton says that “rather than being supernatural and external in origin, religion and morality can now be seen as past expressions of our genetic and brain-based drive to optimize the survival of our families and species. By reclaiming religion for what it truly is, we can develop its social wisdom so as to transform current global conflict into a reconciliation and empowerment.”

♦ Armchair Tour of Peru
Instructor: Gaby Hanna, MA, Language instructor
Dates: Thursdays, April 1, 8, 15, 22, 29
Time: 3 pm - 5 pm
Location: Krauss Hall 112
Description: Through videos and lectures, this armchair adventure of Peru will explore the sights and history of the old Inca city of Qosqo (Cuzco), the Inca Trail, and the ceremonial center Machu Picchu. (See related slide lecture on PERUVIAN TEXTILES described on page 21.)
Practical Computing: One-on-One Tutoring
Instructor: Robert G. “Papa” Ahlstrom, Writer
Dates: Variable, depending on individual needs
Time: Call 220-8744 for appointment. Available Mon., Weds., Fri. from 8 am to noon in Krauss 113.
Location: Krauss 113; computer labs; or off-campus
Description: If you’d like to learn how to maneuver through email; conduct research on the internet; learn WORD or EXCEL, these individual tutoring sessions may be helpful. To arrange tutoring times on or off-campus, please call Mr. Ahlstrom directly at 220-8744. NOTE: Modest hourly fees may be requested for off-campus tutoring sessions.

The Study of Dreams (for Dreamers), Part II
Instructor: William Rogers, II, MD, MPH, FAAP
Dates: Thursdays, Feb. 19, 26, Mar. 4, 11, 18, 25
Time: 1 pm - 3 pm
Location: Krauss Hall 113-B seminar room
Enrollment is limited. Previous participants in Part I of this course will be given enrollment preference.
Description: Whether they are regarded as prophetic messages from the spiritual realm, symbolic statements by the psyche, or meaningless neurological phenomena, dreams inspire fascination and curiosity. As we enter the second “psychological” century, how do we regard our dreams? Is there a systematic approach to the study of dreams that is helpful in elucidating their complex and baffling imagery? Participants in this seminar will be encouraged to become familiar with the basic aspects of her or his “dreamscape,” with the goal of developing an individual approach for recording and understanding dreams. Confidentiality guidelines for sharing dreams will be discussed in first session.

OSHER INSTITUTE SATELLITE PROGRAMS
In the off-campus lifelong learning programs listed on this page, participation preference is given to the residents of the respective sites. OLLI members who wish to join these off-campus activities are asked to first call the OLLI office at 956-8224 to determine whether seats are available.

Arcadia OLLI Satellite, 1434 Punahou St., Honolulu
Memory Improvement Strategies
Dr. Leonie Walter, Jan. 6 - 27; 10 am - 11 am
Psychology You Can Really Use
Dr. Joe Blaylock, Feb. 17 - Mar. 2; 10 am - 11 am
Tales of Arabian Nights--And Days
Elizabeth Bailey, MSW, TBA April; 10 am - 11 am

Pohai Nani OLLI Satellite, 45-090 Namoku, Kaneohe
The Illuminated Life® Workshops
Heidi Wong, MSW; Workshop Sessions I & II TBA
Memory Improvement Strategies
Dr. Leonie Walter, Workshop TBA

One Kalakaua OLLI Satellite, 1314 Kalakaua Ave.
The Illuminated Life® Workshops
Memory Improvement Strategies
Dr. Leonie Walter, Workshop TBA

In addition to the lifelong learning activities and workshops listed above, additional OLLI satellite workshops in Spring 2004 are tentatively scheduled at Kulana Hale Senior Residence; Moiliili Community Center; Waikiki Community Center; Hawai Kai Retirement Residence, and sites on the Big Island. Call 956-8224 for further program scheduling information.
SPRING 2004
OLLI MEMBERSHIP FORM

Name: ______________________________
Address: ____________________________
________________________ City: ________
Zip: __________ Phone: ________
email address: _______________________
Emergency contact: __________________
Phone: _____________________________

1. Complete information above and select your membership category below:

☐ I wish to join OLLI as an Annual member: $150 for one year (Spring, Summer & Fall).

☐ I wish to be enrolled as a Session member: $60 for SPRING Term 2004.

☐ I’m a current 2004 OLLI Annual member.

2. Please make membership check payable to
University of Hawaii Foundation #123-079-04

3. On pages 12 and 13, select up to three courses and any special events of interest to you. (Note: special events are open on a space-available basis.)

4. Return membership check and course selections to:
   Osher Institute for Lifelong Learning
   PMB #460
   2440 Campus Road
   Honolulu, HI 96822

OLLI MEMBERSHIP INFORMATION

Annual and Session members may join courses, participate in special events, receive program newsletters, and join research and community projects. There are no membership requirements of prior educational experience. All courses are non-graded and there are no exams. Categories of membership are Session (three sessions per year, Spring, Summer, Fall) or Annual (membership covers all three sessions offered over a 12-month period).

• SESSION MEMBER, $60. Entitles an individual to join and attend up to three courses during Spring Term 2004 and attend Spring Term’s special events on a space-available basis. Spring Term 2004 runs from February 12 - May 14.

• ANNUAL MEMBER, $150. Entitles an individual to join and attend up to three courses during the Spring Term 2004 and join three courses during each of the subsequent terms — Summer and Fall 2004. Annual membership is good for 12 months starting with the date of initial enrollment. In addition to the benefits provided to Session members, Annual members receive University library privileges and access to other selected campus activities.

Please note: Membership fees (both Annual and Session) are non-refundable. If you have questions about membership, please call our office at 956-8224. Make your course and special event selections on pages 12 and 13, complete the membership application on page 14 and mail with your membership check to the OLLI address listed on the bottom of page 14. Make membership checks payable to: UH Foundation #123-079-04. Many thanks!
SPRING 2004 COURSE SELECTION FORM

Mark below the courses and special events that you wish to join. Membership in OLLI at the Annual or Spring Session level entitles you to select three courses. If seats are available, you may join additional courses. Indicate your priorities if you make more than three course selections. Special events (listed at right) include free tours, films, concerts, research and volunteer projects and special lecture presentations. Special events are offered to OLLI members in addition to course selections on a space-available basis.

COURSES

___ Some Persistent Themes in Chinese History
___ Working Class Poets of Pre-20th C. Britain
___ Pacific Island Cultures: An Introduction
___ Legacies 101: A Writing Workshop
___ The Illuminated Life® Workshop
___ Shakespeare: Four Plays and Ten Sonnets
___ Writers’ Circle
___ Tai Chi for Beginners
___ Chi Kung Workshop
___ Neurorealism
___ Armchair Tour of Peru
___ Computer Tutoring: One-on-One
___ The Study of Dreams (for Dreamers)

OTHER SATELLITE PROGRAMS

Arcadia OLLI Satellite (Priority to facility residents)
___ Memory Improvement Strategies
___ Psychology You Can Really Use
___ Tales of Arabian Nights--And Days

Pohai Nani OLLI Satellite (Priority to facility residents)
___ The Illuminated Life® Workshop
___ Memory Improvement Strategies

One Kalakaua OLLI Satellite (Priority to facility residents)
___ The Illuminated Life® Workshop
___ Memory Improvement Strategies

SPECIAL EVENTS FOR MEMBERS

OLLI RESEARCH & VOLUNTEER PROJECTS

___ Advanced Planning & Caregiver Focus Group
Free catered luncheon will be provided to registered participants. Enrollment limited to 25. February 27; Noon - 2:00 pm, Krauss 112

___ Master Learners: The Art of Peer Mentoring Workshop, May 14; 1 pm - 3 pm, Krauss 112 Enrollment limited to 25.

LECTURE PRESENTATIONS, CONCERTS, TOURS & FILM SERIES

___ Railroading: Hidden Adventures**
Friday, April 26; 10 am - Noon, Krauss 112

___ Nanotechnology Revolution**
Friday, May 7; 1:30 pm - 3 pm, Krauss 112

___ Oahu Piano Quartet Recital in Orvis
Wednesday, March 24; noon - 1 pm, Orvis Auditorium, UHM

___ Thursday Downtown Speakers Program
Thurs. Feb. 12, Mar. 11, Apr. 8, May 13; noon - 1 pm; 180 So. King

___ Translucent Wood Bowls: A Studio Tour**
Monday, May 3; 9:30 am - 11:30 am, Private studio in Kailua

___ Philosophy, Politics & Media Film Series
Alternate Wednesdays Feb. 11-May 5; 7 pm - 9 pm, St. John 11, UHM

___ China and Japan: Perceptions of Culture and Cultural Translations**
Thurs., Feb. 19, 26, Mar. 4 and 11; 4:30 - 6 pm; Kuykendall 208

___ Peruvian Textiles Slide Show & Folkarts Exhibit**
Friday, April 23; 10 am - Noon, Krauss 112

___ History of Labor in Hawaii**
Dates and times to be announced in February