SPRING TERM 2015
Courses & Special Events

University of Hawai’i at Mānoa
Colleges of Arts & Sciences
Free shuttles at your service
Parking at UHM can be tricky and costly, especially when driving in to attend morning classes at OLLI. Here are some options to avoid parking headaches:

• Free Campus Shuttle Bus Routes near OLLI:
  -- Route C1 shuttle service begins at 8 am weekdays and runs until 5 pm. Route C1 shuttle service runs on a continuous 10-minute cycle stopping near Andrews Amphitheatre on Dole Street (Note: this stop is the C1 shuttle’s nearest one to our OLLI classrooms in Krauss Hall); Sinclair Library Circle; Business Administration Building; Varney Circle in the center of upper campus; Paradise Palms; Kennedy Theatre; Holmes Hall (Engineering); Andrews Amphitheatre. The last shuttle leaves Varney Circle at 4:50 pm.

  -- Route W1 Wai’alae Avenue shuttle begins at 7 am and runs on a 30-minute continuous cycle stopping near Koko Head Avenue; Wai’alae/9th Avenue; Wai’alae/Palolo; Wai’alae/St. Louis Drive; Burns Hall at East-West Center (Note: this stop is the W1 shuttle’s nearest to our OLLI classrooms in Krauss Hall); Jefferson Hall; St. John; Varney Circle; Paradise Palms; Kennedy Theatre; Frear Hall; Kamakakuokalani Center for Hawaiian Studies; Wai’alae/St. Louis Drive; Wai’alae/4th Avenue; Wai’alae/9th Avenue; Koko Head stop. The last W1 shuttle leaves Varney Circle at 5:45 pm.

• Handicapped Parking Permits: If you possess a current and valid City & County Disability Placard and UHM ID, you may purchase a campus visitor parking entry for $5 at the Sinclair/Bachman or other campus entry gates and then park in any legal, marked parking stall on campus. Please avoid a parking ticket by displaying the visitor parking entry receipt face-up on the dashboard and placing your handicapped parking placard on the rearview mirror.

EXPERIENCE AND SAVOR LEARNING
Embrace life and join our community of learners at the Osher Lifelong Learning Institute (OLLI) at the University of Hawaii at Manoa. Spring Term 2015 at OLLI starts January 19, and ends May 14.

Established at UH Manoa in 1997 by a group of retired professors and community elders, this award-winning program is supported by an endowment from The Bernard Osher Foundation and underwritten by members’ contributions and support from UHM College of Social Sciences. Inside these pages you’ll find classes, workshops, and community special events.

Mark your calendar and join us this Spring!
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SPRING 2015

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Campus Map, University of Hawaii - Manoa
Osher Lifelong Learning Institute
Krauss Hall 112-113

LOWER CAMPUS visitor parking is available from 5 am to 4 pm for a flat fee of $5 per entry. After 4 pm, the flat fee is $6. Enter the main Parking Structure on Lower Campus Road (first right off Dole Street past the University Avenue and Dole Street intersection). On UPPER CAMPUS, visitor parking is limited and expensive: from 6:30 am to 4 pm, the parking fee is $2 per half-hour. After 4 pm parking on Upper Campus is a flat rate of $6. Green striped visitor stalls have Pay-to-Park ticket machines (No bills larger than $20 are accepted in ticket machines); place receipts face-up on dashboard. Visitor stalls are located at Orvis Auditorium, Sinclair, Kennedy, Kuykendall, and Varney Circle.

UHM Campus map by Jalsun D. Pacheco, Cartography Lab, UHM Geography Dept.
OLLI Course Descriptions

♦ Shakespeare: Four Great English Histories  
Instructor: Dave Johnson, Yale BA, Harvard JD  
Dates: Tuesdays, Feb. 17, 24, Mar. 3, 10, 17  
Time: 2 pm - 4 pm  
Location: Krauss 112  
Description: Richard II; Henry IV part 1; Henry IV part 2; and Henry V are four excellent plays. When linked, they cover 17 years (1398-1415) of Shakespeare’s version of English history. Each play has an entirely different mood. Richard II shows the fall of an incompetent ruler but magnificent poet. Henry IV Part 1 is a lively play that introduces Falstaff, Shakespeare’s greatest comic character. Henry IV Part 2 looks at many of the same characters as Part 1, but through a much darker lens. Henry V is the celebration of England’s greatest warrior king (with a few warts). By reading these plays together, we can consider issues that are not particularly evident in dealing with a single history play. An introductory class will be followed by each play in the above historical order.

♦ In the Footsteps of Buddha  
Instructor: Gita Kar, writer, story-teller  
Dates: Fridays, Feb. 20, 27, Mar. 6, 13  
Time: 10 am to Noon  
Location: Krauss 111  
Description: In these presentations, Gita Kar will discuss her recent journey to India and Nepal to explore sites of significance in the life of Buddha. She traveled to Lumbini, a pilgrimage site located in present-day southwestern Nepal that is considered the birthplace of Buddha. In November 2013, Lumbini was the focus of a National Geographic archaeological team’s discovery of the “earliest ever Buddhist shrine” (dating from the 6th Century B.C., believed to be the era of Buddha’s birth).

(Continued on page 17)
Peru: Cultures of the Sun  
**Instructor:** Tom Sheeran, World Traveler  
**Dates:** Tues. Jan. 27, Feb. 3, 10, 17, 24  
**Time:** 10 am to Noon  
**Enrollment limit:** 24  
**Location:** Krauss Hall 111  
**Description:** The Inca Empire that ruled the Andean region at the time of first contact with Europeans in the 1530s was only the last in a long sequence of remarkable indigenous South American civilizations with impressive cultural achievements. Much is known about the Incas, thanks to the chronicles of the Spanish Conquistadors, but those earlier cultures are not so well known. This overview will examine the rise and development of early Andean civilizations such as the Caral, Chavin, Paracas, Moche, Nazca, Wari, Tiwanaku, and Chimú. We also will learn about the history, empire and conquest of the Incas. In our final session, we will study the richness of contemporary Andean artistic forms and learn how modern artisans continue their traditions that are recognized around the world for their quality and expressiveness.

A Tribute to Dame Judi Dench  
**Instructor:** Jim Hesse, Musician and Actor  
**Dates:** Thurs. Feb. 5, 12, 19, 26, Mar. 5, 12  
**Time:** 1 pm - 4 pm  
**Enrollment limit:** 24  
**Location:** Krauss Hall 111  
**Description:** Dame Judith Olivia Dench is a British actor who has won wide acclaim for her performances in theatre, film and television. In this tribute, we will study and enjoy her stage talents in *Henry V; Midsummer Night’s Dream; Macbeth; Comedy of Errors; Twelfth Night*; and her television and film performances in *A Fine Romance; As Time Goes By; Last of the Blonde Bombshells; Ladies in Lavender; The Best Exotic Marigold Hotel; Tea with Mussolini; Shakespeare in Love*; and more. In our six-session “Judi-Fest” we’ll explore her long, varied career and her prodigious talent, sense of humor and zest for life.

OLLI Book Club & Reading Group Discussions  
**Dates:** Fridays, Jan. 30, Feb. 27, Mar. 13, Apr.17, May 8  
**Time:** 1:30 pm - 3 pm  
**Location:** Krauss 112  
**Description:** Looking for some thought-provoking conversations about books? Joining the OLLI Book Club is a good way to challenge yourself and find common ground. In these monthly leaderless discussions, everyone has an opportunity to contribute. The Book Club resumes Jan. 30. The book selection for the first session will be announced to enrollees via email or post. Please come prepared to discuss the book at the first session.

In the Footsteps of Buddha  
The discovery of the early shrine beneath the Maya Devi temple provided evidence that Buddhist structures at Lumbini were in existence several centuries earlier than scholars had believed.

Another site on Gita’s pilgrimage was Sravasti, in present-day India, the place where Buddha spent most of his monastic life. Buddhist texts say that in Sravasti non-believers challenged Buddha to perform a miracle and believed that they would catch him in a travesty. According to traditional accounts, Buddha responded by levitating on a thousand-petalled lotus, caused fire to shoot from his shoulders, water to flow from his feet, and he multiplied himself. What is the significance of these stories about miracles and how might they be interpreted? To explore this, Gita returned to the sacred caves of Ajanta in Maharashtra, India, to study the cave’s pictorials of miracles. What, if anything, do those pictures reveal? This class on the life of Buddha will explore belief systems, meditation and enlightenment.
♦ Five Foreign Directors and Their Films
Instructor: Susan Nance, Amer. Studies, BA, MA, ABD and AP Government/Politics, AP U.S. History instructor
Time: 9 am to Noon  Location: Krauss 112
Enrollment limit: 25
Description: The iconic directors we will study are Federico Fellini, Akira Kurosawa, Ingmar Bergman, Werner Herzog, and Zhang Yimou, all of whom are acknowledged as among the greatest filmmakers of 20th Century cinema. We will discuss how their work reflects or rejects their national culture. Among the films that we’ll see are: Roma, Sanjuro, Autumn Sonata, Fitzcarraldo, and House of Flying Daggers.

♦ End-of-Life Issues
Instructor: Tony Lenzer, Prof. Emer., UHM Public Health
Dates: Weds. Apr. 15, 22, 29, May 6, 13
Time: 10 am - Noon
Location: Krauss 112
Description: Older adults are increasingly interested in learning about the issues and choices surrounding end-of-life. Despite the universality of death, the interventions of new technologies and sociopolitical circumstances have introduced more ambiguities regarding the definition of death. These conflicts have increased the need for more informed decision-making regarding end-of-life issues. Individuals who make an effort to learn about their options may be in a better position to influence future events in their own lives and those of their loved ones.

This course will provide an overview of the physical, social, cultural, psychological and spiritual dimensions of dying, death and bereavement.
♦ Culinary Cinema: Classic Comedies
Instructor: Tom Sheeran
Dates: Wednesdays, Feb. 4, Mar. 4, Apr. 8, May 6
Time: 3 pm - 6 pm
Location: View films in Krauss 111. Map/directions to post-film restaurant sites will be provided.
Enrollment limit: 24; RSVPs required for each class.
Description: During the Great Depression, many people wanted lighthearted fare to take their minds off their troubles, and Hollywood was only too happy to provide what was needed. From the madcap antics of the Marx Brothers to the great stars of Hollywood’s Golden Age, this series will provide unforgettable laughs.
• Feb. 4 - A Night at the Opera (1935) (91 mins)
• Mar. 4 - Mr. Deeds Goes to Town (1936) (124 mins)
• Apr. 8 - Bringing Up Baby (1938) (102 mins)
• May 6 - You Can’t Take it With You (1938) (126 m.)

Post-film dinners will be held at local restaurants, locations to be announced in advance of each film session. We aim for quiet places with entrees mostly under $20. Participants pay on-site for their own meals and drinks. Please note: RSVPs are required for each class.

♦ Shakespeare Readings and Scenes
Instructor: Jim Hesse, Actor and Musician
Dates: Thurs. April 9, 16, 23, 30, May 7, 14
Time: 1 pm - 4 pm
Location: Krauss 111
Description: Reviewing excellent filmed Shakespeare performances allows us to study actors’ performances and interpretations of scenes from Romeo and Juliet (April 9); Taming of the Shrew (April 16); Much Ado About Nothing (April 23); As You Like It (April 30); Macbeth (May 7); and Hamlet soliloquies (May 14). If you enjoy fine acting and appreciate the nuances of Shakespeare, this course is for you.

♦ China Travelogue with Maria Lowder
Presenter: Maria Lowder, World Traveler
Date: Tuesday, February 10, 2015
Time: 2 pm - 4 pm  Location: Krauss 111
Description: In this travelogue, Maria Lowder offers a composite of her three trips to China. She visits Beijing, Shanghai, Xian, Hangzhou, Wushan, Chongquing Shaozing and Wuxi, with a sidetrip to a tea plantation and a ride down the Yangtze River prior to the completion of Three Gorges Dam. Of course, no trip to China would be complete without visiting the 1,500-mile-long Great Wall and clambering along the restored sections near Beijing. We’ll also see Emperor Qin’s Terra Cotta Warriors and the excavations still in progress near Xian. As one of the oldest civilizations in the world, China has a rich and troubled history. Join us for this glimpse of China’s cultural highlights, history and major events.

♦ Mongolia: In the Ikh Nart Wildlife Reserve
Presenter: John B. Hall, World Traveler
Date: Tuesday, Apr. 7, 2015
Time: 10 am - Noon   Location: Krauss 111
Description: As an Earthwatch Project volunteer, Dr. John B. Hall participated in conservation management research in the Ikh Nart Wildlife Reserve in the Dornogobi Aimag (East Gobi Province) of Mongolia. Ikh Nart’s grassland and semi-desert steppe environment harbors one of the last remaining populations of Argali Sheep (world’s largest mountain sheep). In addition to studying Argali, John encountered Ibex and many small mammals including hedgehogs, jerboas and gerbils. If you’re interested in eco-tourism or volunteering for research in a remote area of the planet, don’t miss this presentation.
Artists of the Loom: Ayacucho Weaving

Presenter: Tom Sheeran, World traveler, Author
Date: Monday, January 19
Time: 10 am - Noon
Location: Krauss 111

Description: The textile tradition in Peru goes back thousands of years and was the most important art form of the indigenous peoples of the Andes. While society there has changed dramatically since the Spanish conquest and colonial era, even in modern times textiles remain important in both the economic and social spheres, particularly in the more remote areas of the Andean highlands. Tom Sheeran has been visiting Peru and importing handicrafts, especially textiles, since 1980. His particular interest in the weavings from Ayacucho led him to conduct interviews, research, photograph and write a book to document the weavers’ techniques, their community, and their personal stories of survival during the Sendero civil war of the 80’s. His book, Artists of the Loom (2014, Costasur Publishing), is the first extensive account of these remarkable textile traditions.

Tom will present an overview slide lecture and show samples of traditional and contemporary textiles for hands-on examination. Copies of his new book will be available in a book-signing session following the lecture.

Disaster Archaeology as a Forensic Science

Instructor: Richard Gould, PhD, RPA, Prof. Emer., Anthropology, Brown University
Dates: Weds. Feb. 25, Mar. 4, 11, 18
Time: 10 am to Noon
Location: Krauss Hall 111

Description: Archaeological science is a versatile and effective way to find out “what happened” at scenes of mass-fatality disasters. Archaeological methods are being widely adopted by emergency-services and law-enforcement agencies. These methods arose in academic settings, but are adaptable to complex and fast-moving disaster situations, where they have already proven their value. This short course will discuss the role of disaster archaeology as both an investigative tool and as a way of

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Raja Yoga: Integrating body, mind, and spirit

Instructor: Gita Kar, Practitioner of Satyananda Yoga.
Time: 9:30 am - 11:30 am
Location: Krauss 113-B (and other locales TBA)
Enrollment limit: 12 only

Note: Please wear comfortable clothing to class. Although the activity in this class is not especially strenuous, it is important to have good range of motion and moderate flexibility. A signed medical release form will be required.

Description: Raja Yoga is a system of transformative health practices that integrate the physical, mental and spiritual energies of the practitioner. In this workshop, we’ll do simple body movements to help relieve and manage physical discomfort, practice breathing techniques, and learn to enhance energy and enjoy the effects of meditation and relaxation to reduce stress levels.

(Continued on page 14)
♦ Life Writing Workshop  
Instructor: Ann Rayson, MA, PhD, Assoc. Prof. English (retired) UHM; professional editor  
Dates: Fri. Apr. 10, 17, 24, May 1, 8, 15  
Time: 1:30 pm to 3 pm  
Location: Krauss 113-B  
Enrollment: 10  
Description: This life writing workshop will explore the significant people, places, and events that have shaped our lives. We will share rough and finished writing; engage in creative writing exercises in class to prompts; and edit, revise, and peer review longer pieces of writing. The objective of the class is to gain a better understanding of self and culture and acquire techniques for more effective expression. Please bring the required text (see above) to every class session and be ready to participate in discussions and spot writing responses to prompts.

♦ Writer’s Circle  
Dates: Writer’s Circle meets on alternate Tuesdays beginning January 20 (skip Spring Break Mar. 24)  
Time: 1 pm -3 pm  
Location: Krauss 113  
Enrollment limit: 6  
Description: Those with a yen to write are invited to participate in this circle of serious writers. As a peer-led group, we will take turns informally reading our own work for reaction and comment. Participants will have a chance to submit work on a regular basis. Previous participants will be given enrollment preference.

♦ Special Events  
♦ Secrets of Diamond Head  
Presenter: Denby Fawcett, Author and Journalist  
Date: Monday, January 26, 2015  
Time: 10 am - Noon  
Location: Krauss 111  
Description: In her newly-published book, writer Denby Fawcett explores Diamond Head, the iconic volcanic crater looming over Honolulu. The book, Secrets of Diamond Head, traces the life of the crater from its birth to its present use by hikers and the military. It illuminates a landmark that some geologists consider the most perfect example of a volcanic tuff cone on the planet. In this presentation and reading, the author will discuss her adventures during research for the book and reveal some of the hidden features buried beneath Diamond Head. A book-signing session will follow the talk.

♦ Modern Love: 20th Century Japanese Erotic Art  
Presenter: Mary Flynn, M.D., Museum docent  
Date: Friday, February 6, 2015  
Time: 11 am - Noon  
Tour limit: 18  
Location: Honolulu Museum of Art, 900 So. Beretania St. Meet at entrance on Beretania. Tour fee: $10 for non-members of museum. Flat fee parking at 1035 Kinau St.  
Description: Concluding the HMA’s acclaimed series on Japan’s sexual culture, this exhibit reveals the extent to which Japanese artists revolutionized the genre amidst the country’s rapid westernization and in the aftermath of WWII. The exhibit considers the diverse ways in which modern Japanese artists have addressed the subjects of sex, gender and sexual orientation. This exhibit coincides with release of the book, Shunga--Stages of Desire: Sexuality in Japanese Art by Shawn Eichman and Stephen Salel (2014, Skira Rizzoli)
SPRING 2015

OLLI MEMBERSHIP FORM
Name:_________________________________
Address:_________________________________
____________________________________City:____________________
Zip:_________________Phone:_____________
email address:__________________________
Emergency contact:__________________________
Phone:_________________________________


2. Please make $60 membership check payable to: UH Foundation #123-0790-4 (OLLI)

3. On pages 10 & 11, select up to three courses and any special events of interest. (Note: special events are open to OLLI members on a space-available basis. Some events have additional separate fees.) Remove completed center section (pages 9 to 12).

4. Send membership check and course selections (pages 9 to 12) to:

Osher Lifelong Learning Institute
PMB #460
2440 Campus Road
Honolulu, HI 96822

Thank you!

OLLI MEMBERSHIP INFORMATION
Members may join courses, workshops, participate in special events, receive program news announcements, and join research and community projects. There are no membership requirements of prior educational experience to join the Osher Lifelong Learning Institute at UH Manoa. All courses at OLLI-UHM are non-graded and there are no exams.

• SESSION MEMBERSHIP, $60. Entitles an individual to join and attend up to three courses and/or workshops during Spring Term 2015 and attend Spring Term’s special events on a space-available basis. Spring Term 2015 runs from January 19 to May 14, 2015.

Please note: Membership fees are non-refundable. If you have questions about membership, please call our office at 956-8224. Make your course and special event selections on pages 10 and 11, complete the membership application on page 12 and mail with your membership check to:

Osher Lifelong Learning Institute
PMB #460
2440 Campus Road
Honolulu, HI 96822

Please make membership checks payable to: UH Foundation #123-0790-4 (OLLI)
SPRING 2015 COURSE SELECTION FORM

Mark the courses and special events that you wish to join. Membership in OLLI entitles you to select three courses. If seats are available, you may join additional courses. Please indicate your priorities if you make more than three course selections. OLLI Special Events (listed at right) include concerts and lecture presentations. Special events are offered to OLLI members in addition to course selections on a space-available basis.

COURSES

____ Shakespeare: Four Great English Histories
____ In the Footsteps of Buddha
____ Peru: Cultures of the Sun
____ A Tribute to Dame Judi Dench
____ Five Foreign Directors and Their Films
____ End-of-Life Issues
____ Culinary Cinema: Classic Comedies
____ Shakespeare Readings and Scenes
____ Disaster Archaeology as a Forensic Science
____ Raja Yoga: Integrating body, mind & spirit
____ Life Writing Workshop
____ Writer’s Circle

SPECIAL EVENTS

____ Secrets of Diamond Head with Denby Fawcett
  Monday, Jan. 26; 10 am - Noon; Krauss 111

____ Modern Love: 20th Century Japanese Erotic Art
  Friday, Feb. 6; 11 am - Noon; Art tour at Honolulu Museum of Art; Meet at Museum entrance at 900 So. Beretania St. Tour fee $10 for non-members of museum. Fee parking lot at 1035 Kinau Street.

____ Artists of the Loom: Ayacucho Weaving
  Monday, January 19; 10 am - Noon; Krauss 111

____ China Travelogue with Maria Lowder
  Tuesday, Feb. 10; 2 pm - 4 pm; Krauss 111

____ Mongolia: In the Ikh Nart Wildlife Reserve
  Tues. Apr. 7; 10 am - Noon; Krauss 111

____ Ki, Michi, Kototama (enrollment by consent of instructor)
  Fri. Feb. 6, 10 am - 3 pm; and Fri. Feb. 13 and 20 from 1 pm - 3 pm; Krauss 112. A reading list will be sent to enrolled workshop participants in advance of class.

____ Walking Through Tsavo: An African Safari
  Tues. April 28; 10 am - Noon; Krauss 111

____ OLLI Book Club and Discussions
  Fridays, Jan. 30, Feb. 27, Mar. 13, Apr. 17, May 8; 1:30 pm to 3 pm; Krauss 112

SPRING 2015 / OLLI office use only:

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